



Gender Identity and Self-Acceptance Books for Children, Parents and Educators

Books for Preschool and Early Elementary School Age:

- Neither by Airlie Anderson
- Pink Is for Boys by Robb Pearlman
- Julián Is a Mermaid by Jessica Love
- Red: A Crayon's Story by Michael Hall
- I Am Jazz Hardcover by Jessica Herthel
- Jamie Is Jamie: A Book About Being Yourself and Playing Your Way by Afsaneh Moradian
- Jacob's New Dress by Sarah Hoffman
- They She He Me: Free to Be! by Maya Gonzalez and Matthew SG
- Introducing Teddy: A gentle story about gender and friendship by Jessica Walton
- It's Okay To Be Different by Todd Parr
- Morris Micklewhite and the Tangerine Dress by Christine Baldacchino
- Be Who You Are by Todd Parr
- Big Bob, Little Bob by James Howe

Books for Older Elementary School Age and Preteens:

- The Other Boy by M. G. Hennessey
- George by Alex Gino
- The Pants Project by Cat Clarke
- Who Are You?: The Kid's Guide to Gender Identity by Brook Pessin-Whedbee
- The Gender Wheel: A Story about Bodies and Gender for Every Body by Maya Gonzalez

Books for Teens:

- Beyond Magenta: Transgender Teens Speak Out by Susan Kuklin
- Gracefully Grayson by Ami Polonsky
- Wonderfully and Purposely Made: I Am Enough: A Journal All About Me by Cheryl B. Evans



Books for Parents and Educators:

- Gender Identity Workbook for Kids: A Guide to Exploring Who You Are by Kelly Storck
- Guide to Gender: The Social Justice Advocate's Handbook 2nd Edition by Sam Killermann
- The Gender Creative Child: Pathways for Nurturing and Supporting Children Who Live Outside Gender Boxes by Diane Ehrensaft PhD
- Gender Born, Gender Made: Raising Healthy Gender-Nonconforming Children by Diane Ehrensaft PhD
- Quick & Easy Guide to They/Them Pronouns by Archie Bongiovanni
- Raising My Rainbow: Adventures in Raising a Fabulous, Gender Creative Son by Lori Duron
- My Parenting Journey with an LGBTQ+ Child: A Journal by Cheryl B. Evans
- The Transgender Child: A Handbook for Families and Professionals by Stephanie A. Brill
- Transitions of the Heart: Stories of Love, Struggle and Acceptance by Mothers of Transgender and Gender Variant Children by Rachel Pepper
- The Transgender Teen: A Handbook for Parents and Professionals Supporting Transgender and Non-Binary Teens by Stephanie A. Brill and Rachel Pepper
- I Promised Not to Tell: Raising a transgender child by Cheryl B. Evans

Growing Minds

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Local Resources:

- Growing Minds Therapy – Support Groups for Parents www.growingmindstherapy.com
- Children’s National Gender Development Program
www.childrensnational.org/departments/gender-development-program
- Gil Institute, Quinn Smelser www.gilinstitute.org
- Sean Lare, www.seanlare.com

National Organizations and Other Resources:

- Welcoming Schools (HRC – Human Rights Campaign Foundation)
www.welcomingschools.org
- PFLAG www.pflag.org/resource/our-children
- Family Acceptance Project www.familyproject.sfsu.edu
- Gender Spectrum www.genderspectrum.org
 - Gender Spectrum’s online community: <https://genderspectrum.org/lounge>
- GLSEN www.glsen.org
- My Kid Is Gay <https://www.mykidisgay.com/> (includes resources for parents of trans/nonbinary kids, despite the name)
- Trans Youth Family Allies www.imatyfa.org
- Trans Student Educational Resources -
terminology <http://www.transstudent.org/definitions/>
- Trevor Project www.trevorproject.org
- Youth Pride www.youthpride.org



Books for Teens:

George by Alex Gino

Rethinking Normal by Katie Rain Hill

Being Jazz by Jazz Jennings

Some Assembly Required by Arin Andrews

When the Moon Was Ours by Anna-Marie McLemore

Tomboy: A Graphic Memoir by Liz Prince

The Gender Quest Workbook

Almost Perfect by Brian Katcher

Alex As Well by Alyssa Brugman

Beautiful Music for Ugly Children by Kristin Cronn-Mills

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